

1 day course

The Secret (Law of Attraction) and EFT

Saturday 2nd August 2008 10.00-4.00pm
£65 to include lunch

Presenters: Philip Davis and Christine Sutton, AAMET registered Advanced Practitioners and Trainers in EFT.

**Are you sabotaging your own life and health?
What is stopping you achieving your hopes and dreams?
Why do other people seem to have whatever they want but not you?
What do they know that you don't?**

Join in our exciting new workshop and find out the answer to these questions.
The answer lies in "The Secret" which is the Universal Law of Attraction.

EFT and Law of Attraction work together very powerfully to attract wealth or whatever else you desire into your life! The Law of Attraction works constantly whether you are taking advantage of it or not. Most people actively sabotage themselves but all you need to do to begin to use the Law of Attraction in a positive way is to tune into your own methods of sabotage and then eliminate them. The best tool for this is EFT.

We will help you explore these powerful ideas within a safe group setting, identify your personal saboteurs and then use Emotional Freedom Technique (EFT) to help you to deal with them.

What is EFT?

EFT is a combination of simple, non-intrusive techniques which act very powerfully together to defuse emotional issues and the physical ailments which arise from them. You can think of it as an emotional version of Acupuncture or Acupressure except that we do not use needles to stimulate the energy release points, we do it by tapping on them instead.

It is easy to learn and very easy to use!

**You deserve the very best that the universe has to offer!
Here is a chance to unlock your own creative potential.
Come along and join in.
What have you got to lose?**

Private therapy sessions with Philip Davis are also available at Amitayus Wellbeing. Training to professional level in EFT will be coming to Amitayus Wellbeing very soon. Please call 01827 719926 for details.